



ACNEG

Asociación Cruce a Nado
Estrecho de Gibraltar
TARIFA · ESPAÑA

APPLICATON FORM GIBRALTAR SWIMMING CROSSING

To the attention of the President of The Gibraltar Strait Swimming Association:

By means of this form I notify the Gibraltar Strait Swimming Association of my intention to attempt swimming across the Gibraltar Strait. I also notify my agreement to following the **rules established by the Association (2/2 page)** and with the costs specified in the form that I received by email (acneg@acneg.com) as expenses concepts.

SWIMMER DETAILS:

Name and surname:

Telephone/ mobile:

Email/ website:

Full Address:

Town and postal code:

Country:

Passport number:

Date of Birth:

Sex:

Male

Female

TYPE OF CROSSING:

- WITHOUT NEOPRENE (REGLAMENTARY) NEOPRENE (WETSUIT)
- SOLO CROSS MULTIPLE SOLO CROSS ROUND TRIP RELAY

AVERAGE SPEED (KM/H) FOR MINIMUM 5 HOURS:

DAYS (at leasts one week)/ **MONTHS SELECTED** (April to November)

OTHER COMENTS

* Costs: request to the association the costs for the present year depending the number of swimmers and the cross modality.

* I attached a **copy of passports** of all swimmers participants and I'll attach a *medical certificate (after be confirmed the dates) to assure that I have in a good health conditions to cross the Strait of Gibraltar. I assume the risks of the cross that are not include on the Association duties, also I'll not take any type of forbidden stimulants or drugs before or during the cross.*

* **Basic information on data protection: Responsible:** ASSOCIATION FOR THE CROSSING OF THE STRAIT OF GIBRALTAR (ACNEG); **Purpose:** Billing tasks, collection and payment management, administrative tasks, client management, and in case of express consent, sending advertising and promotions, as well as communications related to the entity. **Conservation:** During the commercial relationship or the request made and up to the maximum period legally established. **Legitimation:** Consent of the interested party and the contractual relationship. **Recipients:** The data will be communicated to companies of fiscal, labor, legal management, collection management. **Rights:** The data will be communicated to companies of fiscal, labor, legal management, collection management. **Additional information:** Request it under the subject "Privacy Policy" at acneg@acneg.com or gibraltarswimming@gmail.com.

I wish to receive commercial communications related to the services of STRAIT OF GIBRALTAR SWIMMING ASSOCIATION (ACNEG).

I accept the transfer of my personal data to other participants for the **formation of groups** for crossing the strait. (The formation of groups with other people on the waiting list with equal speed and nationality makes it easier to obtain dates)

I consent to the publication of my personal data, as well as other data related to my crossover in the ACNEG **website ranking**.

SIGN.....

DATE

NOTE: Fill this application, sign it and send scanned to the Association with the documents required



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RULES AND REGULATIONS

1. Have a swim speed greater than 3 km / h. (4km/h in round trip) Due to the strong currents existing in the Straits and to ensure the success of the crossing it is advised that the speed of the swimmer is equal to or greater than 3 Km./h, lower speeds jeopardized the success of the swim.(The boats have technology that verifies the speed of the swimmer and if the speed does not allow the swimmer to overcome currents the swimmer will be pulled from the water.

2. Have insurance (accidents, life and / or property) that includes the possibility of an accident in extreme sports and also covers the deterioration or loss of the swimmer's property from the moment he embarks until the end of the race. This will be borne by the swimmer himself. Any accident within the boats are covered by the insurance of the boat, outside of that the Association is not responsible for the consequences that arise as long as they are not within their responsibilities.

3. Notify arrival Spain to President of the Association at least two days before the swim window assigned.

4. Provide the medical certificate of the Association certifying that the swimmer is in perfect health and that it does not suffer from any type of illness or defect that prevents him/her from making the crossing. Signed by a doctor or officially recognized clinic and must contemplate all aspects of effort, urine and blood analysis, electro as well as general physical examination.

5. Consumption of any type of stimulant is strictly forbidden before and during the swim in which case it would result in the non-recognition of the crossing if there is evidence of it.

6. The swimmer and / or his coach (or accompanying staff) should be able to communicate in Spanish or English.

7. The skipper of the vessel, after consulting the details of the event, will be the one who makes the final decision regarding the swimmer's safety.

8. Both the swimmer and all accompanying personnel must carry a passport that identifies them.

9. Crossings of swimmers under 18 years of age before the year of the crossing date are not allowed.

10. Crossings must begin after sunrise and must end before sunset. Likewise, the swimmer must know the basic rules (internationally recognized) of open water swimming, including:

- a) The crossing will begin after the sunrise, from the escort boat located on the Island of Tarifa, from where the swimmer will proceed to touch the ground.
- b) The crossing will end, before sunset, at a natural point on the north coast of Africa (either Moroccan or Spanish), or in case it is a difficult place for vessels, the swim will be considered completed when touching the ground or being located within any natural bay if the sea conditions do not guarantee the safety of the swimmer when approaching the coast.
- c) The swimmer will not receive any external aid nor will be allowed to hold on to the boats. As an exception swimmers will be allowed to get on board to avoid an imminent danger (proximity of a merchant ship, presence of cetaceans etc ...).
- d) The swimmer can carry: a standard swimmer suit, never below the knees, a standard swimmer cap, Goggles, ear plugs, nose protector and grease. In cases of doing the swim with wetsuit or Lycra rules are included in a different list.

11. When the crossing is made in a group (maximum 4) the swimmers must have the same characteristics, not being able to separate more than 3 meters during the crossing. In case of exceeding this distance, the fastest swimmers should wait or slow down. If for any reason (dizziness, vomiting, fatigue ...) one or several swimmers are delayed several times the organization will be forced to withdraw them for the sake of the crossing.

12. Adverse weather is a reason for cancellation of the crossing, and takes into account the peculiar problems of the area (currents, winds, fog, etc ...)

Authorization of image rights: I authorize the Strait of Gibraltar Swimming Association (ACNEG), to use my name, my voice and my own image to be fixed on all types of supports as part of the crossing of the strait. , including in this the moments before and after the completion of the crossing, as well as the reproduction, distribution, public communication and transformation of the images in order to be included in promotional material of the Association and the publication of the photographs in social networks . The Swim Crossing Association of the Strait of Gibraltar will ensure the moral integrity of my honor and my own image. That the authorization of the rights of image contained in this document, will have a global scope and without establishing any time limit. The authorization is made for free, so I will not receive any counterpart as a result of it.

NAME/SURNAME AND SIGN: